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# September 2010

## Electronic Medical Records

RFC has taken a step to become more efficient with our patient care. During the month of September, we will transfer over from paper our new (EMR) electronic medical record and billing system. We appreciate your patience during this time. It will make our offices more effective and efficient. Thank you in advance for your patience.

## *August Massage Special: Reflexology!*

### What is Reflexology?

Reflexology was developed in 1913 by Dr. William Fitzgerald—an ears, nose and throat specialist surgeon. He discovered that when you apply pressure to specific parts of a patient's foot, it sometimes affected another portion of the body in a positive way.

Presently, a reflexology therapist will massage the ears, hands and feet which is said to improve circulation, aid in detoxification, reduce tension and increase the ability for the body to heal itself. According to the Association of Reflexologists, reflexology treatments can be beneficial for back pain, migraines, infertility, arthritis and many other conditions.

**Our newest massage therapist, *Anna* is a reflexology therapist. During the month of September please enjoy this specialty service for \$60 (regularly \$85).**

## *When it rains it pours!*

As some of you may know our office has had some rather wet weather lately. On Monday the 12th of July as Intern Lundby and Jen approached the office fire trucks blocked them from entering the building. They were forced to sit out in front of the office in their cars until the building was cleared. They thought someone had just burned their toast, *again*. To their surprise when they entered the office they found that there had actually been a bigger reason the fire department was there - and it was raining in the office! The sprinklers had been set off in a unit on the 5th floor above the chiropractic office (there was no fire though) and the water was on its way down to us. They scrambled to move computers and anything that could be physically pushed, pulled or scooted. As Jen frantically ran for the phone to call Dr. Wilson, to fill her in on the mornings events, a ceiling panel exploded beside her and she let out a high pitched shrill. Intern Lundby still likes to tease her. When Dr. Wilson came to the office an assembly line of removing everything from the office to dry land began. Everyone rubbed elbows in the massage suite for two weeks before we were able to return to the chiropractic suite. New carpet, linoleum and paint adorn the floors and walls with new computers in every room to keep everything moving efficiently. Thank goodness we live in Washington so we knew what to do with all the water! Check out our new digs at your next appointment or just stop by to say hi next time you are in the neighborhood.

The chiropractic office will be closed from Friday, September 3<sup>rd</sup> Through Friday September 10<sup>th</sup>. We resume normal business hours on Monday September 13<sup>th</sup> and September 23<sup>rd</sup> and September 24<sup>th</sup>.

**MASSAGE WILL REMAIN OPEN DURING THIS TIME.**

### Weight Loss/ Detox

### Purification Program

Tuesday, September 14<sup>th</sup>

@ 7pm

Join us for an overview of this program in our office. Space is limited, please call Jen to reserve your seat!

### Did you know?

- That Dr. Wilson now has new treatments in the office to help with patient care? Ask her about Graston, cold laser and SpiderTech taping next time you are in.
- We have another massage therapist now with more massage appointments available to fit your schedule!

